

Putting On and Taking Off your Cloth Mask

To put your mask on:



1. Wash or sanitize hands.

2. Pick up your mask by its ear loops or ties without touching the mask itself.



3. Bring the loops up to your ears, securing them as tightly as possible. If the mask is equipped with ties instead of loops, tie the upper pair around the rear crown of your head, then the second pair around the nape of your neck.

4. Be sure that it covers your nose and your mouth. Adjust the fit of the mask to ensure your chin is covered. You can pull the mask around the base of your chin. Secure the mask around the bridge of your nose, particularly if there is a bendable piece.



5. Wash or sanitize hands again.

To take off your mask:



1. Wash or sanitize hands.

2. Remove each loop or tie without touching the mask itself. Untie the bottom loop first, then the top.



3. Place mask in a labelled paper bag if you will wear it again or to take home.
3a. Wash or sanitize hands after each handling of the mask or paper bag.

4. Place mask directly into washing machine. Wash with hot water and laundry soap. Dry thoroughly.



DO NOT TOUCH MASK WHILE WEARING.

DO NOT HANG MASK



Family Visits - Welcome!

This home is currently free from COVID-19.

Before you can visit a family member, you must:

- Answer and pass a series of self-screening questions
- Sign that you have reviewed this training

In addition, you will be respectfully asked, but not insisted upon, to attest that you have tested negative for COVID-19 within the previous 14 days.

For the protection of the residents and staff, please follow these directions during your visit today:



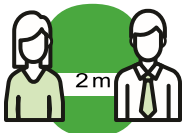
Clean your hands. When you arrive, clean your hands using hand sanitizer, rubbing thoroughly over all areas of your hands.



Wear a mask. You must bring your own cloth mask or face covering for outdoor visits. We will show you how to put it on, if needed. You must continue to wear your mask at all times during the visit.



Stay in designated areas. To beat COVID-19 we need to follow public health advice. Please help our staff by keeping to designated visiting areas. At no time will you be permitted to enter the residence, including to use washroom facilities.



Maintain physical distance. We know, this one is hard. But for everyone's safety, avoid physical contact during your visit. It is a requirement to stay two metres (six feet) apart at all times!



Clean your hands (again). Before you leave, clean your hands thoroughly using hand sanitizer

Remove all garbage and belongings that you brought with you.

Note: If at any time a guest fails to follow these rules, we will be forced to discontinue the visit.

This home is currently free from COVID-19

For the safety of residents and staff, visits are only allowed at this time in the designated indoor or outdoor visiting areas.

If you have a gift for a resident, please ask a member of our staff where to leave it, so that it can be sanitized for everyone's safety.

Our staff may have additional requests. Your cooperation will help them keep everyone safe. While we know how much your visit means to our residents, our priority will continue to be keeping our home outbreak-free for the safety of the residents and staff. Staff are required to monitor all visits to ensure restrictions are followed; this can be done from a distance to provide some privacy.

We thank you for your cooperation in scheduling your visit in advance to ensure all residents have a chance to receive visitors.

I have had a negative COVID-19 test in the past 14 days

I, _____ attest to having reviewed the Visitor Guidelines including the required health & safety protocols.

Signature: _____ Date: _____

